

FALLBROOK COMMUNITY CENTER

341 HEALD LANE, FALLBROOK, CA 92028 (760) 728-1671 Fax: (760) 451-1303

~ A COUNTY OF SAN DIEGO PARKS AND RECREATION FACILITY - WHERE HAVING FUN IS NATURAL ~



WINTER & SPRING 2005



ACTIVITY & PROGRAM GUIDE



COMMUNITY CENTER INFORMATION

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A MESSAGE FROM THE FRIENDS OF THE FALLBROOK COMMUNITY CENTER

THE FRIENDS OF FALLBROOK COMMUNITY CENTER INVITE YOU TO JOIN THEIR RANKS AS A SUPPORTER OF THIS INVALUABLE

COMMUNITY FACILITY DEDICATED TO

THE HEALTH, RECREATION, EDUCATION

AND WELL BEING OF FALLBROOK RESIDENTS.

THE "FRIENDS" ARE A NON PROFIT ORGANIZATION THAT CONDUCTS FUNDRAISERS AND PROVIDES VOLUNTEER SUPPORT FOR A WIDE VARIETY

OF CENTER ACTIVITIES INCLUDING THE

EASTER EGG HUNT, HALLOWEEN FESTIVAL, HEALTH FAIR, CHILD CARE PROGRAMS, RECREATION SCHOLARSHIPS, FITNESS CLASSES AND COMPUTER LAB.

FOR INFORMATION ON THE FRIENDS INQUIRE AT THE COMMUNITY CENTER OFFICE OR CALL NANCY WILSHIRE AT 760 723-1958

San Diego County Local Parks Development Board County Service Area 81 (CSA 81)

CSA 81 is the local agency mandated for recreation services in the Fallbrook, Deluz, and Rainbow areas of San Diego County.

Its members are appointed by the S.D. County Board of Supervisors.

Meetings are held on the first Thursday of each month.

Chairman: Jim Bowen

Members: Neil Sternberg, Craig Ohlson, Sue Reed, Wicker Gamble, Frank Rotunda, Al Gebhart.

The Fallbrook Community Center Activities Program is published three times a year by the

San Diego County Department of Parks and Recreation, 5201 Ruffin Road Suite P, San Diego, CA 92123-1699.

Address correspondence regarding this publication to:

Fallbrook Community Center,

341 Heald Lane, Fallbrook, CA 92028

or e-mail us at gordon.stone@sdcounty.ca.gov

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MEET THE FRIENDS

The Friends cordially invite you to join them for a wine and appetizer reception on Tuesday, February 8th from 5:15 to 6:15 p.m. There will be a brief meeting in compliance with 501C3 requirements.

PLEASE JOIN US!!!

SCHOLARSHIP INFORMATION

The Fallbrook Community Center is offering scholarships for Fallbrook resident youths. These scholarships are designed to give kids a chance to experience the world of recreation.

Scholarships are based on application qualifications.

Scholarship applications are available at the Fallbrook Community Center office

Scholarships are funded by the generous donations received by the

Friends of the Fallbrook Community Center

COMMUNITY CENTER INFORMATION

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WAYS TO REGISTER

~IN PERSON:

Register in person at the Community Center office, located at 341 Heald Lane in Fallbrook. We are open weekdays, Monday through Friday 8:30 a.m. - 5:30 p.m. Cash, check, or credit card (Visa or Mastercard) may be used. Checks must be made payable to the *County of San Diego*.

~BY PHONE:

Call the Community Center office (760) 728-1671 to register using a credit card (Visa or Mastercard.)

~BY MAIL:

Please complete form below and include a check or credit card number (Visa or Mastercard) and a stamped, self-addressed envelope to return your receipt and class registration slip.

~REFUNDS:

Fees are refunded or credit offered only if an activity is cancelled for lack of participants.

~HOLIDAYS:

We will be closed on the following dates:

February 21, 2005 - Washington's Birthday

May 30, 2005 - Memorial Day

County of San Diego/Department of Parks and Recreation
Fallbrook Community Center
341 Heald Lane
Fallbrook, CA 92028
(760)728-1671

Name: _____ D.O.B. _____

Address: _____

City: _____ Zip: _____

Name of Activity: _____

Date of Activity: _____

Time of Activity: _____

Fee for Activity: _____

(Signature of Parent/Guardian or Participant if over 18 years of age)

Method of Payment

(please send check or credit card number only, no cash please)

Check # _____ Amount \$ _____

Credit Card: Visa ___ Mastercard ___ (please check one)

Card # _____

Expiration Date: _____ Amount \$ _____

(Signature)

CHILD CARE PROGRAMS

WE CARE CHILDCARE

(License #376600524)

The We Care program offers morning pre-school for ages 4 to 5 from 9 a.m. to noon (Monday through Friday) as well as full day childcare for potty-trained children ages 2½ through 5. The program provides free play and structured activities to nurture creativity, teach problem solving and social skills.

MONTHLY TUITION:

5 days/week	Full day: \$395	Half day: \$250
4 days/week	Full day: \$350	Half day: \$230
3 days/week	Full day: \$290	Half day: \$190
2 days/week	Full day: \$220	Half day: \$145



AFTER SCHOOL PROGRAM

(License # 376600525)

Our After School Program provides a variety of fun to keep children in grades K - 6 grade happily and constructively occupied after school until 6:00 p.m. A typical day includes sports, games, arts and crafts, a nutritious snack and help with homework. Transportation to neighboring LaPaloma Elementary School can be arranged by calling the FUESD transportation office at 723-7075

MONTHLY TUITION

5 days a week	\$159
4 days a week	\$135
3 days a week	\$105

BEFORE SCHOOL PROGRAM

This morning program offers a nutritious breakfast and our staff walk students over to LaPaloma Elementary catch a bus to their school.

MONTHLY TUITION:

6:30 a.m. - 8:00 a.m.....\$80 per month

HOLIDAY DAY CAMPS

Have to work during the school holidays or do your children complain of being bored? Are you wondering what to do with your children? The Community Center offers fun and exciting day camps with activities like sports, games, arts & crafts, movies & popcorn, and much more! Program is available from 7:00 a.m to 6:00 p.m. and the cost is just \$17 per child per day.

Pre-registration is required at least one week in advance and space is limited, so sign up early.

DAILY TUITION:

7:00 a.m. - 6:00 p.m. \$17/day

DAYCAMP DATES:

February 17th and 18th

March 25th - 31st

April 1st



Camp attendees must bring a nutritious morning snack and a sack lunch each day.



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YOUTH ACTIVITIES

GYM KIDS

This class includes gymnastics, tumbling, basic motor skills, creative movement, and all-around fitness in a fun format that will offer your child new enthusiasm for a physically active life! Children will use mats, ropes, balls, balance beams, and other equipment. Help your child increase flexibility, fitness, coordination, self-esteem, and confidence.

Gym Kids *always* fills up quickly, so please register early!

Instructor: Anette Nielsen

Dates: Wednesdays, **I:** 1/12 - 2/2 **II:** 2/9 - 3/2 **III:** 3/9 - 3/30 **IV:** 4/6 - 4/27 **V:** 5/4 - 5/25

Times: (ages 4 - 5) 3:15 - 4:00 p.m.

(ages 6 - 8) 4:00 - 5:00 p.m.

Class Limit: (ages 4-5) 8 children

(ages 6-8) 10 children

Fee: \$45 per month



BABYSITTER TRAINING

This class is designed to give young babysitters the skill to have the confidence to manage an emergency. This class covers basic first aid, emergency information, diapering, problem solving, and how to find a babysitting job once you've completed the course. Each participant will receive a certificate of completion. Register in advance by 4/9.

Instructor: A-B-CPR Staff

Dates: Saturday, 4/23

Time: 9 a.m. - 3 p.m. Lunch 12 - 1

Fee: \$57.00

Age: 11 and older

Limit: 10 - 24

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Store Hours

Tuesday-Friday 10:30am to 5:30pm

Saturday 11:00am to 5:00pm

Open Sunday! 12:00 to 4:00pm

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Fax: 760-728-9277

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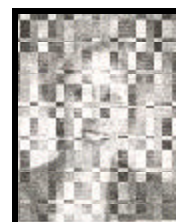
Janice Shannon

Broker Associate
Senior Housing Specialist



(760) 728-2460

janiceshannon@tfb.com



YOUTH ACTIVITIES

BATON/RIBBON CLASS

FREE CLASS 1/11 & 1/18

Beginner students will learn basic baton and ribbon skills, as well as routines with each equipment. Students will learn stage routines to fun dance music to be performed at local events such as The Avocado Festival and Basketball half-time show

Instructor: Tammy Atyim, Jennifer Becerra
Dates: Tuesdays: 1/11 - 3/1 and 3/1 - 5/3
Time: **Beginners:**
 4:45 - 5:35 p.m. ages 4 - 9
 5:35 - 6:45 p.m. ages 6 - 14
Intermediate: (by placement)
 4:35 - 5:35 p.m.
Fee: \$63 for Beginners, \$68 for Intermediate
Age: 4 - 14
Limit: 7-15

CHEER CLASS

FREE CLASS 1/11 & 1/18

Do you want to be a cheerleader? Come join our squad as we learn cheer and dance movements, jumps, and pom-pom dances taught to fun music. We will prepare for a basketball half-time show and Avocado Festival.

Instructor: Tammy Atyim, Jennifer Becerra
Dates: Tuesdays, 1/11 - 3/1 and 3/1 - 5/3
Time: **Beginners:**
 5:30 - 6:20 p.m. ages 4 - 7
 6:20 - 7:15 p.m. ages 8 - 14
Intermediate: (by placement)
 6:15 - 7:30 p.m.
Fee: \$63 for Beginners, \$68 for Intermediate
Age: 4 - 14
Limit: 7 - 15

CHEERNASTICS

FREE CLASS ON 1/4 & 1/11

Beginner students will learn the basics of tumbling which will accent their cheering, such as forward rolls, hand stands and cartwheels. Intermediate students will perfect these skills and begin working on back-walkovers and back handsprings. Intermediate students must try out at beginning class and be placed in intermediate class.

Dates: Tuesdays, 1/4 - 2/
Time: 5:20 - 6:15 - Intermediate 6:20 - 7:10 - Beginner
Fee: \$40 (\$28 for current cheer students)
Age: 4 - 14

All baton and cheer payments are made to the instructor.
 Call 760-724-1050 or E-mail tossettes@yahoo.com for info.

MOMMY & ME PRE GYM


This class uses balls, hoops, mats, parachute, bean bags, bubbles and music in a fun playtime for child and parent. Developmentally appropriate games and routines will stretch your child's abilities in a supportive and successful environment. Your child will learn to enjoy an active life. A parent must attend class with child.

Instructor: Lisa Quiroz
Dates: Thursdays
Session I:
Session II:
Time: 10:00 - 10:45 a.m.
Fee: \$40/5 weeks
Ages: 1.5 - 3.5 years
Limit: 5 - 10

MOMMY & ME SPANISH

Expose your child to Spanish through this interactive mommy and me class. Together you will discover the joy of learning a foreign language through songs, fingerplays, stories, and games. Each week you and your child will walk away from class singing classic tunes in Spanish.

Instructor: Natalie Franks
Dates: Tuesdays
Session I: 2/1 - 3/8
Session II: 3/15 - 4/26 (no class on 3/29)
Time: 9:15 - 10:00 a.m.
Fee: \$45/ 6 weeks
Ages: 3 - 5 (parent must also attend)
Limit: 5 - 15




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JACQUELINE HEPNER, DIRECTOR

YOUTH ACTIVITIES

SOO BAHK DO KARATE

Soo Bahk Do is a traditional style of Karate from Korea that can be practiced for self-defense as well as mental and physical development. Students will benefit from this Martial Art with true personalized instruction that helps develop discipline as well as self-esteem. Gus Poletti is certified by the USA & Korean Soo Bahk Do Moo Duk Kwan Federation. Master Poletti habla Español y Ingles.

Instructor: Gus Poletti - Master, 5th Degree
Dates: Mondays & Wednesdays

Time: 5:30 - 6:30 p.m.
Fee: 1 class per week: \$20/month
 2 classes per week: \$35/month
Age: 5 and older
Limit: 30 students

YOUTH GOLF

Golf Pro Barry Krumwiede invites boys & girls ages 7 to 16 years old, to learn the game of golf at the Circle K Golf Ranch in Rainbow. Individual instruction is provided as youngsters learn the fundamentals of grip, stance, and swing. Demonstration, guidance, practice, and fun are all part of the plan. Balls and loaner golf clubs are provided.

Instructor: Barry Krumwiede
Dates: Saturdays:
 Session I: 1/29 - 3/5
 Session II: 3/12 - 4/16
 Session III: 4/23 - 5/28
Time: 10:00 - 11:00 a.m.
Fee: \$55 / 6 weeks
Age: 7 - 16
Limit: 4 - 8

YOUTH OUTREACH KARATE

Youth self-defense, karate skills, and safety awareness are the goals of Youth Outreach Karate. This program is designed to promote a higher level of self confidence, self esteem, discipline and concentration as well as fitness, flexibility and self defense skills. New and continuing students may register at the first four classes. Classes are \$6 per week and there is a \$4 registration fee each session, payable at the first class. For more info, call Youth Outreach Karate at (619) 282-3066.

Dates: Fridays,
Fees: \$4 registration fee
 \$7 per class
Ages: Kids 5 years & older

THE FOLLOWING TIMES ARE FOR THE FIRST CLASS ONLY

New students:
 all ages 5:00 - 5:30 p.m. (class held 5:30 - 6:00 p.m.)
Returning students:
 5 - 7 years: 6:15 - 6:30 p.m. (class held 6:30 - 7:10 p.m.)
 8 years and up: 7:00 - 7:15 p.m. (class held 7:15 - 7:55 p.m.)

THE FOLLOWING TIMES ARE FOR AFTER THE FIRST CLASS:

New Students:
 5 - 7 years old: 5:00 - 5:40 p.m.
 8 years and up: 5:45 - 6:30 p.m.
Returning Students:
 5 - 7 years old: 6:30 - 7:10 p.m.
 8 years and up: 7:15 - 7:55 p.m.



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DANCE AND FITNESS

GET FIT

Other fitness classes got you bored? Try Judi's Get Fit class! A little yoga, a little pilates, a little weights, and plenty of fat-burning cardio workout, comprise this low-impact, high spirited group of enthusiastic fun fanatics.

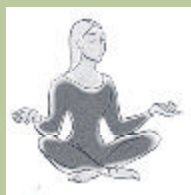
Instructor: Judi Way
Dates: M, W, F (ongoing)
Time: 8:10 - 9:10 a.m.
Fee: \$7 per class
\$50 - 10 class card
\$90 - 20 class card



THE STUDY OF PILATES

Are you tired of the same old exercise routine? This Pilates Yoga class is a very deep conditioning, toning class that will strengthen and lengthen the deep core muscles of your body. With slow, controlled movements and gentle Yoga you'll achieve a new level of fitness.

Instructor: Judi Way
Dates: Wednesdays (ongoing)
Time: 6:30-7:30pm
Fee: \$7/ class
\$50/10 class card
\$90/20 class card



HATHA YOGA~FOR BEGINNERS

A great class for those who have always wondered if Yoga is for them. This class accommodates all fitness levels and is great for relaxing while moving and stretching your body and muscles. Doing yoga regularly can enhance your health and fitness by improving muscular strength, endurance, and flexibility.

Instructor: Judi Way
Dates: Mondays (ongoing)
Time: 6:30 p.m.-7:30 p.m.
Fee: \$7/ class
\$50/10 class card
\$90/20 class card

Age: 13 and up
Limit: 10 - 40

10+5 = 25 YEARS OF FITNESS

A celebration of 25 years of fitness in Fallbrook. This special evening includes refreshments, awards and recognition for all the dedicated fitness participants from past and current community center classes. Proceeds to benefit Friends of FBCC and Fallbrook Animal Sanctuary.

Date: Thursday, March 31
Time: 6-8pm
Fee: \$10 donation

SOCIAL DANCE

Come join this ever popular partner dance! Each session will cover one dance from the categories of swing, ballroom, latin, and country western. The instructor has taught thousands of people to enjoy dancing. Her methods make learning to dance easy and enjoyable. Couples and singles are welcome.

Instructor: Christy Johnson
Dates: Mondays:
Session I: 4/4 - 4/25 - Salsa
Session II: 5/2 - 5/23 - Swing
Time: 7:45 - 8:45 p.m.
Fee: \$25/person/4 week session
Age: 16 and up
Limit: 6 - 20



BEGINNING YOGA

Yoga truly is for everyone! Maintaining strength and flexibility throughout our lifetime is the key to having an enjoyable and vital life, now and in the future. Come experience a focused exercise that will leave you feeling energized and centered. You will fit right in whether you can touch your toes or just your nose.

Instructor: Cheryl Lindberg
Dates: Tuesdays & Thursdays (ongoing)
Time: 8:30 - 9:30 a.m.
Fee: \$7.00 per class
Age: 16 and up
Limit: none

TAI CHI

Tai Chi Chuan also called "Meditation in Movement" is a soft and slow way of movements that can be practiced by people of all ages.

Benefits of this exercise include stress reduction, better focus and concentration, increased flexibility, improved strength, enhance immune system, better balance, improved memory, improved circulation and increased coordination.

Instructor: Gus Poletti
Dates: Wednesdays

Time: 7:30 p.m.-8:30 p.m.
Fee:
Age:
Limit:

COMMUNITY EVENTS



FALLBROOK COMMUNITY CENTER'S ANNUAL EASTER EGG HUNT

FALLBROOK FIREFIGHTER'S ASSOCIATION PANCAKE BREAKFAST

Bring the whole family and join the Easter Bunny for a tasty pancake breakfast and egg hunting fun!

The friendly Fallbrook Firefighters will serve breakfast at the Community Center.

After breakfast enjoy the egg hunt and games for chances to win many prizes.

The Easter Bunny will be hopping on by to see the kids.

Date: Saturday, March 26, 2005

Time: Breakfast from 7:30 a.m. - 10:00 a.m.

Egg Hunt and Games: 10:00 a.m. - ????

Fee: Breakfast is \$3.50 for Adults

\$2 for kids 12 & under

THE JADEN MAXWELL MAXIMUM MAGIC SHOW

Enjoy the magic, illusions, slight of hand and down home charm of Magician Jaden Maxwell. This family oriented two

hour show includes twenty artistic visual effects, storytelling, poetry, shocks and surprises for everyone from 5 to 105 years. Jaden has performed across the U.S. for the past 17 years and is now serving in the Marine Corps on Camp Pendleton. Don't miss this fantastic family show!

Tickets can be purchased at the Community Center starting January 17.

*A portion of proceeds is donated to
"Friends of Fallbrook Community Center"*

Dates: Saturday 2/26 7 - 9 p.m. or Sunday 2/27 2-4 p.m.

Fee: Advance Sales: \$10 all ages

Day of Show: \$12 all ages

AMERICAN CROWN CIRCUS

Clowns, jugglers, acrobats, performers and all the fun and excitement of the circus. Featured acts include the High Wire and Trapeeze, the Wheel of Death and Spiderman. Fun for families and kids of all ages. Don't miss it !!!!!

Dates: April 2 and April 3

Time: 5:00 p.m. and 7:00 p.m.

Ticket Fee: **In Advance:** Children 12 and under free
Adults 13 and older \$8.00

Day of Show: Children 12 and under \$5.00
Adults 13 and older \$9.00

Location: Corner of Heald Lane and Fallbrook Street

Proceeds benefit Friends of Fallbrook Community Center

4TH ANNUAL CELEBRATE YOUR HEALTH FAIR

AT THE FALLBROOK COMMUNITY CENTER

DATE: SATURDAY 3/12~ 9 A.M.'TIL 1 P.M.

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SPRING GARAGE SALE

Cash in on those unwanted items that are collecting dust in your garage and basement. Besides selling some of your old treasures, be prepared to discover some real bargains! News releases, posters, and classified ads always assure a big turnout during this diverse community garage sale. Food and refreshments will be served throughout the day. Whether you are a buyer or a seller, you surely won't want to miss this event!

Date: Saturday, April 9, 2005

Time: 7:30 a.m. - 2:00 p.m.

Fee: All spaces are \$25

Table Rentals \$5



SPECIAL INTERESTS

BEGINNING SPANISH

Learn Spanish in a step-by-step, conversational process. This class is perfect for beginning or intermediate level speakers. All materials are included in the course.

Instructor: Gus Poletti

Dates: Wednesdays -

Time: 6:30 - 7:30 p.m.

Fee: \$35 per month

ADULT GOLF

Learn the game of golf with Golf Pro, Barry Krumwiede at Circle K Golf Ranch. Starting with short irons you will learn the fundamentals of grip, stance, and swing. Demonstration, individual coaching, guidance, practice, and fun are all part of the plan.

Practice balls and loaner golf clubs are available.

Instructor: Barry Krumwiede

Dates: Saturdays:

Session I: 1/29 - 3/5

Session II: 3/12 - 4/16

Session III: 4/23 - 5/28

Time: 11:30 - 12:30 p.m.

Fee: \$55 / 6 weeks

Age: 17 and up

Limit: 4-8

SENIOR GOLF

Golf Pro Barry Krumwiede provides golf instruction specially geared for the mature age group at the Circle K Golf Ranch. Starting with the short irons you will learn the fundamentals of grip, stance and swing. Demonstration, guidance, practice and fun are all part of the plan.

Practice balls and loaner golf clubs are available.

Instructor: Barry Krumwiede

Dates: Wednesdays:

Session I: 1/26 - 3/2

Session II: 3/9 - 4/13

Session III: 4/20 - 5/25

Time: 10:00 - 11:00 a.m.

Fee: \$55 / 6 weeks

Age: 50 and older

Limit: 4-8

HEALTHY COOKING

Instructor Elizabeth Monacelli is a renowned concert violinist who has performed with the San Diego Symphony and toured with performers including Natalie Cole, Ray Charles, Smokey Robinson and others. Her career came to a crashing halt on Valentine's Day, 2003 when she collapsed of a heart attack, stroke and liver failure.

Elizabeth changed her life, researched and developed a healthy nutrition regime which, doctors say, reversed her ailments. Join Elizabeth in an entertaining and informative cooking class and mini music concert. She will prepare such dishes as the "Tokyo Burrito", Rockin' Choco Smoothie", and "Cranberry Harvest Nut Bars". Learn how to make old standards such as Macaroni and Cheese and many others more healthful. There will be a large array of samples to try. There is a \$10 materials fee payable to the instructor at the first class meeting.

Instructor: Elizabeth Monacelli

Dates: Thursdays:

2/9 - 3/9 (no class on 3/3)


Time: 6:00 - 7:30 p.m.

Fee: \$60 / 4 weeks

\$10 Materials fee paid at first class

Age: 14 and up

Limit: 4-10



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a make-up boutique

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Boutique hours
MW 10am-Noon, TH 3-5pm
& by appointment 468-4307
1323 Montecito Lane

SPECIAL INTERESTS

DOG OBEDIENCE

This six week course provides obedience for dogs and puppies twelve weeks and older. Instruction features communication through command response training using verbal and silent commands. The first class will be indoors in a classroom. **Do not bring your dog to the first class**, but do bring their shot records and be ready to take notes.

Instructor: Jan Metzger

Dates: Saturdays,
1/22 - 2/26
4/2 - 5/14

Time: 9:00 a.m. - 10:00 a.m.

Fee: \$55.00/ 6 weeks

Limit: 10 - 20



FIRST AID AND CPR

Basic Life Support for Adults, Children & Infants

In this class you will learn how to properly assess your victim and perform the proper life saving skills. Skills taught will include: opening airway, rescue breathing, choking for the conscious and unconscious victim & CPR. The Emergency Medical Services Authority of California approves this class. The EMSA approval will meet the needs for daycare providers and will meet OSHA requirements. Each participant will receive a card valid for two years. EMSA sticker is \$3 and paid at class.

Register in advance by 2/11.

Instructor: A-B-CPR

Dates: Saturday, 2/25

Time: 9:00 a.m. - 5:00 p.m. (lunch 12-1)

Fee: \$57.00

Age: 11 and older

Limit: 10 - 24

GUITAR

Get that guitar out of the closet and learn how to play! This beginners class will teach you how to tune your guitar, use basic strum techniques, and play beginning level music and chords. In a few short weeks you will be playing popular tunes. Handouts are included.

Instructor: Gus Poletti

Dates: Mondays:

Time: 6:30-7:30p.m.

Fee: \$45 for 6 weeks

Age: 7 years and up

Class Limit: 5-12



Pete Bardeen, LIC#
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SPECIAL INTERESTS

DUPLICATE BRIDGE

This game is advertised internationally by the American Contract Bridge League (ACBL). Anyone who can play bridge may attend. Enjoy playing bridge and earn the same points as the experts. Marilyn Rumsey has devoted over forty years promoting bridge in North County. She has directed and taught legions of players and fully understands the concerns of new players.

Instructor: Marilyn Rumsey

Dates: Mondays & Thursdays (ongoing)

Time: 1-4:30 p.m.

Fee: \$6 per game



SAN DIEGO BLOOD BANK

Giving blood is one of the most effective ways to help your community because it saves lives. Donating blood is a very safe and simple process for an appointment call 1-800-479-3902 ext. 8251

Dates: Thursdays, 3/10 and 6/9

Time: 12:30 - 5:30 p.m.

Location: Fallbrook Community Center



TRAFFIC SCHOOL

This eight hour Saturday course satisfies DMV traffic school requirements. The instructor will make your day as painless as possible.

Call (800) 218-0013 to register for class.



STAINED GLASS

Learn the copper foil technique (in lieu of lead) of stained glass to create your own personally designed window and/or sun catcher. Instruction includes learning how to recognize different types of glass, design, use of different tools and practice of unique techniques.

Materials include use of instructor's tools and all the stained glass needed for your project.

Instructor: Roberta Moore

Dates: Tuesdays: 2/1 - 3/8, 3/22 - 4/26

Time: 6:00 - 9:00 p.m.

Fee: \$75.00 at time of registration **plus** \$25 materials fee paid to the instructor at the first class

Age: 15 years & up

Limit: 4 - 6



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SPECIAL INTERESTS

AREA	SEATING	BBQ'S	FEE	FEATURES
A	72	2 SMALL	\$125	For reservations or more information, call the Community Center at 728-1671
B	60	2 SMALL	\$100	
C	84	1 LARGE	\$125	Food Preparation Table; 110V Electricity: \$25
D	64	1 LARGE	\$100	Food Preparation Table
E	108	5 SMALL	\$150	
F	292	1 LARGE	\$275	Food Service Counter; 110V Electricity: \$25

LIVE OAK PARK WEDDING PACKAGES

PKG	FEATURES	FEE
1	Basic Package (includes Wedding Gazebo + Parking Lot 2 for a 2 hour block)	\$150
2	Basic Package + Picnic Area D	\$200
3	Basic Package + Picnic Area E + Pavilion (includes Electricity)	\$325
4	Basic Package + Picnic Area F + Pavilion (includes Electricity)	\$450
Pavilion	Dance Slab & Stage for Weddings, etc.	\$125 \$50 if booked with Area E or F 110V Electricity: Add \$25

COMPUTER CLASSES

Getting Started: This is the first step in providing you with an introduction to computers. You will learn a little about: Windows (where you begin), the word processor (so you can e-mail), surfing the World Wide Web (the Internet).

Mondays: 9/27 - 10/25 9 am – 12 noon Bourque

Tuesdays: 11/2 - 12/7 9 am – 12 noon Hague

Microsoft Word Beginning: Learn to use a word processor for everyday e-mail, correspondence, flyers, brochures, etc. Topics will include: terminology, working with Menus and Dialog Boxes; creating, editing, saving, printing documents; change the size and appearance of text using basic character formatting, work with paragraph formatting features like; indents, columns, borders and shading; cut/copy/paste, also spell check, thesaurus, and grammar check; and Word Art.

Wednesday: 9/29 - 10/27 9 am – 12 noon Bourque

Mondays: 11/1 - 12/6 9 am – 12 noon Bourque

Microsoft Word - Intermediate: This class is for those with some Word experience. Word topics will include a review of the beginning class as well as, margins, paper sizes, envelopes and labels, tabs, numbers and bullets, tables, file management page/section breaks, headers and footers, and inserting ClipArt, WordArt and Draw.

Tuesdays: 9/28 - 10/26 9 am – 12 noon Hague

Thursdays: 11/4 - 12/9 9 am – 12 noon Hague

Microsoft Word – Advanced/Graphics: We begin with a review of the beginning and intermediate subjects listed above. We will continue tables for sorting and formulas. Create a database to merge labels, envelopes, letters, and lists. Look at graphic design and pictures to create flyers, posters, cards, calendars, etc. using ClipArt, WordArt, and drawing with Microsoft Word and programs like Publisher and Picture-It.

Wednesdays: 9/29 - 10/27 1:30 pm – 4:30 pm Hague

Digital Photo Editing: Now that you've bought your digital camera come and explore digital image editing and formatting with Microsoft Word, Picture-It, and Photoshop Elements. Learn where and how to download images to your computer for storage, throw away bad ones, rename, and file them. You'll discover how to edit, resize, adjust colors, add special effects, print, and reduce the size for easy e-mailing.

NO CAMERA NEEDED, BEGINNING COMPUTER EXPERIENCE IS

Thursdays: 9/30 - 10/28 9 am – 12 noon Hague

Photoshop Elements: Adobe's Photoshop Elements contains most of the editing tools included in the professional Photoshop program. With it you can edit, enhance or alter your own photos or other images downloaded or scanned. You may adjust size, brightness, contrast, tone, and color. You can add, subtract, multiply or combine images. Create your own art forms for business or pleasure.

Wednesdays: 11/3 - 12/8 9 am – 12 noon Bourque

PowerPoint: PowerPoint is a software tool used for presenting information in a slide show format. Text, charts, graphs, sound effects, and video are just some of the elements PowerPoint can incorporate into your presentations with ease. Whether it's a classroom lesson, a parents' group meeting, seminar or maybe you just want to show off some pictures - PowerPoint will help you make a powerful impression on your audience.

Wednesdays: 11/3 - 12/8 1:30 pm – 4:30 pm Hague

Fees: \$85.00/5 weeks Ages: 16 and older Limits: 6 - 10

These classes will provide basic training of Microsoft Windows, Word, Graphics, Database, Photo Editing, and PowerPoint at a relaxed pace in a "hands-on" environment. All classes last for five weeks, one day a week, three hours a day, all materials are included.

Your Instructors, LeNita Hague and Paul Bourque

TRIPS AND TOURS

CAPITALS AND SEAPORTS OF THE MID-ATLANTIC MARCH 31, 2005

Visit the Arlington National Cemetery, Capitol Building, Ford's Theatre, Embassy Row, Mount Vernon, Smithsonian Institute, Annapolis, Brandywine River Valley, Baltimore, Fort McHenry, St. Michaels, and go on a Chesapeake Bay Cruise. Includes round trip air from San Diego, hotel transfers, seven breakfasts and four dinners.

DATES: MARCH 31, 2005 - 8 DAYS

RATES: \$1,999.00/SINGLE OR \$1,599.00 PER PERSON/DOUBLE OCCUPANCY

DISCOVER TUSCANY ~ NOVEMBER 1, 2005

Enjoy a relaxing six night stay in the famous Italian region of Tuscany. Visit the Academy Gallery and Michelangelo's famous statue of "David". Tour the amazing Uffizi Museums collection of masterpieces. Sample delectable wines during an included winery tour and tasting. Visit the historic, medieval cities of Sienna, San Gimignano, Pisa and Lucca. Enjoy a guided tour of historic Assisi and the Basilica of St. Francis. Includes round trip air from San Diego, hotel transfers, 7 breakfasts, 5 dinners.

DATES: NOVEMBER 1, 2005 - 9 DAYS

RATES: \$2,449.00/SINGLE OR \$2,099 PER PERSON/DOUBLE OCCUPANCY

CANADIAN ROCKIES BY RAIL ~ JULY 29, 2005

Spend two days on the Rocky Mountaineer viewing coastal forests, roaring river canyons and lofty mountain peaks. See the glaciers of the Alameda Icefields and view Mt. Robson, the highest peak in the Canadian Rockies. Stand on the amazing 1,000 foot thick Athabasca Glacier during an exciting snoocoach excursion at the Columbia Icefields. Overnight at the magnificent Fairmont Banff Springs Hotel, known as the "Castle in the Mountains". Includes round trip airfare, hotel transfers, eight breakfasts, two lunches, and five dinners.

DATES: JULY 29, 2005 - 9 DAYS

RATES: \$3,899.00/SINGLE OR \$2,999.00 PER PERSON/DOUBLE OCCUPANCY




Sharon A. Mullin
Certified Public Accountant

120 South Main Street
Fallbrook, California 92028

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The Auditorium at The Fallbrook Community Center

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With seating for up to 300 guests (tables & chairs included), our fully air conditioned auditorium is a convenient, attractive and economical place to have a party of any kind. Event rentals include the use of our commercial kitchen with refrigerators, freezers, ovens, stoves and steam tables. So whether you hire a caterer or self-cater your event, you'll have all the tools, support and space you'll need to host an event that your guests will rave about!

**For package details, pricing & availability, please see the chart below & call us at the Fallbrook Community Center,
(760) 728-1671**

			For Profit		Charity Org's	No Admission Charged
Auditorium (Weekends)	72 X 56	250/300	\$450 (4 hour min) \$100 (add'l hour)	\$300	\$330 (4 hour min) \$ 75 (add'l hour)	\$40 per hour
Auditorium (Weekdays)	72 X 56	250/300	\$350 (4 hour min) \$ 75 (add'l hour)	\$300	\$200 (4 hour min) \$ 50 (add'l hour)	\$25 per hour
Eucalyptus	24 X 22	45	\$25 per hour		\$15 per hour	\$20 per hour
North	41 X 25	90	\$150 (4 hour min) \$ 30 (add'l hour)		\$100 (4 hour min) \$ 20 (add'l hour)	\$40 per hour
Kitchen	\$100 w. Auditorium only	Tables, Chairs, and assistance with set up and clean up are included with room rental rates.				

F.B.C.C. PICNIC PAVILLION RENTALS

IF YOU WOULD LIKE TO RESERVE OUR BEAUTIFUL PAVILLION FOR THE DAY, CALL THE COMMUNITY CENTER AT 728-1671

RATES: \$100 FROM 9 A.M. UNTIL DUSK, ADDITIONAL \$25 FOR ELECTRICITY

NO EVENING HOURS ARE AVAILABLE.

Includes a covered pavillion with picnic table seating for forty people, three BBQ grills, use of restrooms, drinking fountain, parking, grassy play area and volleyball courts from 9 a.m. to dusk. No music or jumpers are allowed. All rentals must be pre-booked and pre-paid and a representative from your group must be present at 9 a.m. Your event, and all clean up, must be completed by dusk. Restrooms are locked at dusk.